

## Year 8 - Food Technology Recipe Planner – Mondays Lessons

Please see below the new dates your year group will be cooking this term. We have had to reduce the number of times students cook due to Covid restrictions.

Please accept my apologies of any inconvenience this has caused and if you have any questions please contact me via email: [caroline.Hetherington@rrca.org.uk](mailto:caroline.Hetherington@rrca.org.uk).

<b>Date you will cook</b>	<b>Name of Dish</b>	<b>Recipe – what you will need to bring</b>
Monday 19 <sup>th</sup> October	Neapolitan pasta	1 small onion 1 clove of Garlic A tin of chopped tomatoes  Please bring a plastic container to take your pasta home in.
Monday 30 <sup>th</sup> November	Vegetable Skewers	1 yellow/red/orange pepper 8 cherry tomatoes

## Year 8 - Food Technology Recipe Planner – Wednesday Lessons

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<b>Date you will cook</b>	<b>Name of Dish</b>	<b>Recipe – what you will need to bring</b>
Wednesday 14th October	Neapolitan pasta	1 small onion 1 clove of Garlic A tin of chopped tomatoes  Please bring a plastic container to take your pasta home in.
Wednesday 2 <sup>nd</sup> December	Vegetable Skewers	1 yellow/red/orange pepper 8 cherry tomatoes

## Year 8 - Food Technology Recipe Planner – Thursdays P1 Lessons

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<b>Date you will cook</b>	<b>Name of Dish</b>	<b>Recipe – what you will need to bring</b>
Thursday 15 <sup>th</sup> October	Neapolitan pasta	1 small onion 1 clove of Garlic A tin of chopped tomatoes  Please bring a plastic container to take your pasta home in.
Thursday 3rd December	Vegetable Skewers	1 yellow/red/orange pepper 8 cherry tomatoes

## Year 8 - Food Technology Recipe Planner – Thursdays P2 Lessons

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<b>Date you will cook</b>	<b>Name of Dish</b>	<b>Recipe – what you will need to bring</b>
Thursday 22 <sup>nd</sup> October	Neapolitan pasta	1 small onion 1 clove of Garlic A tin of chopped tomatoes  Please bring a plastic container to take your pasta home in.
Thursday 10 <sup>th</sup> December	Vegetable Skewers	1 yellow/red/orange pepper 8 cherry tomatoes