



Central Academy

The best in everyone

Part of United Learning

GBA/AC

7th October 2020

Dear Parent/Carer

As we progress through this term and beyond, the importance of what your child does and achieves each and every day whilst at school increases. In normal circumstances this can be a challenge but in our current climate and outlook those challenges will have significantly increased. It is vital that we work together to gain the best outcomes for your child and with this in mind, I am writing to you once more with some useful tips and thoughts on how we can all achieve the best for each student.

Please remember these are some thoughts and tips derived from extensive research into children and their educational goals and are presented to you to merely provoke thought and discussion at home. We will send out a 'Weekly Top Tip' for you to consider, based on each of the topics listed below that have been identified as having a significant impact on progress, attainment and health in general.

Aspirations

Handling the Pressure of External Exams

Building Resilience

How to Develop Reading and Vocabulary

Helping your Child Develop Good Habits

How to Encourage Productive Learning

How to Support Re-visiting of Learning

Encouraging Independence

Sleep

Relaxation

Mental Health

Social Media

Screen Time

Work Experience to Prepare for their Future

Positive relationships and Social Connections

Self-Care for Teenagers

Hobbies & Opportunities

We would be most grateful if you could find the time to support your child through discussing any of these topics at home and we hope you find them useful. If you have any questions regarding the above information, please do not hesitate to get in touch.

Yours faithfully

Mr Barratt
Director of Key Stage 4



Principal: Miss C Bacon

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