

COVID-19 (coronavirus absence: A quick guide for parent/carers

What to do if...	Action needed	Back to school
.... My child has COVID-19 (coronavirus symptoms)	<ul style="list-style-type: none"> • Child shouldn't attend school • Child should get a test • Whole household self-isolates while waiting for test result • Inform school immediately about test results When child's test comes back negative
... my child tests positive for COVID-19 (coronavirus)	<ul style="list-style-type: none"> • Child shouldn't attend school • Child self-isolates or at least 10 days from when symptoms* started (or from day of test if no symptoms) • Inform school immediately about test results • Whole household self-isolates for 14 days from day when symptoms * started (or from day test if no symptoms) – even if someone tests negative during those 14 days 	<p>... when child feels better, and has been without a fever for at least 48 hrs</p> <p>They can return to school after 10 days even if they have a cough or loss of smell/taste. These symptoms can last for several weeks once the infection is gone.</p>
...somebody in my household has COVID-19 (coronavirus) symptoms*	<ul style="list-style-type: none"> • Child shouldn't attend school • Household member with symptoms should get a test • Whole household self-isolates while waiting for test result • Inform school immediately about test result 	... when household member test is negative, and child does not have COVID-19 symptoms
... somebody in my household has tested positive for COVID-19 (coronavirus)	<ul style="list-style-type: none"> • Child shouldn't attend school • Whole household self-isolates for 14 days from day when symptoms* started (or from day of test if no symptoms) – even if someone tests negative during those 14 days. 	... when child has completed 14 days of self-isolation, even if they test negative during the 14 days

*Most people with coronavirus have at least 1 of these symptoms

- A high temperature (37.8°C or above. If you don't have a thermometer, feeling hot to touch on your chest or back is a good indicator of a high temperature)
- A new continuous cough (this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours. If you usually have a cough, it may be worse than usual)
- A loss or change to your sense of smell or taste

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<p>...NHS Test and Trace has identified my child as a 'close contact' of somebody with symptoms * or confirmed COVID-19 (coronavirus)</p>	<ul style="list-style-type: none"> • Child should not attend school • Child self-isolates for 14 days (as advised by NHS Test and Trace) – even if they test negative during those 14 days. • Rest of the household does not need to self-isolate, unless they are a 'close contact' too. 	<p>... when the child has completed 14 days of self-isolation, even if they test negative during those 14 days.</p>
<p>...we/my child has travelled and has to self-isolate as part of a period of quarantine</p>	<ul style="list-style-type: none"> • Do not take unauthorised leave in term • Consider quarantine requirements and FCO advice when booking travel • Provide information to school as per attendance policy <p>Returning from a destination where quarantine is needed:</p> <ul style="list-style-type: none"> • Child shouldn't attend school • Whole household self-isolates for 14 days – even if they test negative during those 14 days 	<p>... when the quarantine period of 14 days has been completed for the child, even if they test negative during those 14 days.</p>
<p>... we have received advice from a medical/ official source that my child must resume shielding</p>	<ul style="list-style-type: none"> • Child shouldn't attend school • Contact school as advised by attendance officer/ pastoral team • Child should shield until you are informed that restrictions are lifted and shielding I paused again. 	<p>... when school/ other agencies inform you that restrictions have been listed and your child can return to school again</p>
<p>... I am not sure who should get a test for COVID-19 (coronavirus)</p>	<ul style="list-style-type: none"> • Only people with symptoms * need to get a test • People without symptoms are not advised to get a test, even if they are a 'close contact' of someone who tests positive. 	<p>... when conditions above, as matching your situation, are met</p>

For further information:
 Email attendance@rrca.org.uk
gov.uk/backtoschool